



Congratulations on Being a Parent!!!

The most important job you will ever have.

Through all stages of parenting you will have many mixed emotions, including: Excitement, Joy, Anxiety, and Frustration.

Parenting By Design

Parenting By Design will give you the tools you need to be a loving, confident and engaging parent. Join a group of your peers as you are guided by our professional staff to help you prepare for the incredible adventure of parenting.

During the 8-session course, you will learn:

- How to raise confident, independent children
- See how to make being responsible fun!
- Develop the behaviors and attitudes you want in your children
- Establish relationships with peers who may/will become part of your support system
- Raise your children to be leaders
- Learn ways to manage the stress involved with working and raising a family

Classes are available for parents of pre-schoolers, pre-teens and teens.

Families By Design is a one-stop comprehensive therapy & training center that provides customized tools to help families enhance their lives as well as help treat existing problems. The expert staff of highly trained therapists address an array of issues, including tantrums, adolescent attitudes, eating disorders, and relationship tools. Families By Design also specializes in working with parents with special needs children by offering a variety of resources in one location.

Cost: \$995 per attendee

Payment plans or tuition scholarships available

To Register go to www.FamiliesByDesign.net/workshops.html

